

*SNACT Education Committee*  
*is pleased to offer the Institute of Child Nutrition (ICN) class*  
**Nutrition 101: A Taste of Food and Fitness**  
**Saturday, March 23 2019**  
Hartford School Food Services Department  
270 Murphy Road, Hartford CT 06114  
***ICN trainer Lonnie Burt, MS, RD, CD-N will be the instructor.***

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**This class provides a basic overview of nutrition and helps to underscore the importance of nutrition in daily life. The program offers tools for guiding food choices, information on macronutrients and micronutrients, information to assist you in making good diet decisions, and an overview of nutrition issues in the media.**

**The intended audience of this seminar is anyone who wishes to earn their SNA Certificate in Child Nutrition or any school nutrition professional interest in expanding their knowledge of nutrition.**

**This is a great opportunity to discover the “why” of the USDA regulations you use every day with your students!**

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**Time:** Registration begins at: 7:30 a.m.

Seminar begins at: 8:00 a.m., ends at 5:00 p.m.

This training is open to SNACT members and non-members

**Cost:** \$25 per SNACT member. \$30.00 per non-member

**Meals:** Breakfast & lunch are included in your registration

Course materials will be provided.

Register on-line at [snact.org](http://snact.org)

Key Area: Nutrition 1000    Learning Topic Code: 1320

Credit Hours: 8

**This course qualifies for SNA core course certification level 1.**

For additional information please contact Denise Di Mare at [execdir@snact.org](mailto:execdir@snact.org)

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*Cancellation: Any person who signs up for a meeting or conference of SNACT, and cancels out, shall not receive a full reimbursement for monies paid. Any cancellation received two (2) weeks or more prior to the event will receive a refund minus a 25% handling charge. Any cancellations received less than two weeks prior, or anyone who does not show up, will not receive any refund. A paid registration can be transferred to another person at the same event.*

*SNACT reserves the right to cancel this training. If SNACT cancels this session registrants will be receiving a full refund.*



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